

Where Need Meets Desire

Matthew 5:6

“Blessed are those who hunger and thirst for righteousness, for they will be filled.”

Matthew 5:6

Realize I'm not God. I admit that I am powerless to control my tendency to do the wrong thing and my life is unmanageable.

Earnestly believe that God exists, that I matter to Him, and that He has the power to help me recover.

Consciously choose to commit all my life and will to Christ's care and control.

Openly examine and confess my faults to myself, to God, and to someone I trust.

Voluntarily submit to any and all changes God wants to make in my life and humbly ask Him to remove my character defects.

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1. Focus on one thing at a time
2. Focus on one day at a time
3. Focus on God's power, not willpower
4. Focus on what I want, not on what I don't want
5. Focus on doing good, not on feeling good
6. Focus on people who help me, not hinder me
7. Focus on progress, not perfection